What’s Happening This Week...

- Monday, 17th August ~ MACC (Art)
- Tuesday, 18th August ~ Breakfast Club 7:45am-8:30am
- Friday, 21st August ~ School Council Meeting 1pm ~ All Welcome

What’s Happening Next Week...

- Monday, 24th August ~ MARC (Library)
- Tuesday, 25th August ~ Gr 2/3 Immigration Museum Excursion
- Wednesday, 26th August ~ Parent Forum 2:00pm-3:30pm

‘Water Only Schools’ Program

Drink Profile #2: Soft Drink

Sugar per 375ml Can: 9 - 12 teaspoons
Details: Australians are one of the biggest consumers of soft drinks. The consumption of these drinks is associated with weight gain and obesity in Australian children. Both of which can result in numerous health complications. Evidence also suggests that soft drinks are associated with tooth decay due to high acidity, as well as bacterial fermentation that can occur with the consumption of sugar.
Healthy Alternative: Encourage children to drink water rather than soft drinks.
How Often: Soft drink is a sometimes drink.

Parents and Friends Club News

From Beth Lindner

Parents and Friends discussed a number of topics at last week’s meeting. Anyone interested in helping with Garden Club is urged to contact Amanda Tuohill. Anyone interested with helping at breakfast Club is asked to see Tracey Munro to add your name to the roster. If you would like to help with the set up of Assembly you can add your name to the roster in the office or see Beth Lindner.
Many thanks to the community members who swapped and donated items we required for the kitchen in the Alec McKay Memorial Building (AMMB). The microwave and additional four slice toasters will make running breakfast club much easier and smoother!

As you would have noticed, the plant sale did not eventuate last week. If you are interested in purchasing any of these tubers/cuttings, please see Nicole or me before or after school on any school day.

Last week our student leaders completed a couple of surveys with our students. We received some interesting and informative data regarding the Water Only School Program, Breakfast Club and Lunch Time Clubs. In light of the data we gathered there are several things staff can easily facilitate, however, we are DEPERATE for assistance with lunch time clubs. If you are available and willing to facilitate a lunch time club please come and see me as this is an area of real need!

We have had several families contribute guest speakers to help our students build a greater understanding of “Where we come from” in order to build or further develop their understanding of our place in Australia. Building historical knowledge and developing historical skills is far more exciting and engaging for students when they are able to hear stories from people who can help them see continuity and change in the stories they relate. If you know of anyone who has immigrated to Australia who would be happy to share their story with our students, please see me as the Grade 4/5/6 students would benefit enormously from these visits. Thank you to everyone who has contributed so far 😊

A final announcement….. Bunnings have confirmed that they will be completing some significant works in our school on Wednesday, 28th October. Many thanks to Tracey Munro for all her work in organising this grant. I have no doubt our students are going to be unbelievably thrilled with the sandpit we’ll be gifted!

A couple of reminders about events where you can exercise your voice and be part of contributing towards improvements at Tallarook Primary School:
The next School Council Meeting will be held this Friday, 21st August from 1:00pm.
The next Parent Forum will be held next Wednesday on the 26th August from 2:00pm-3:30pm.

Have a fabulous week………………… Lynette Robberts

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**GRADE 4/5/6 MELBOURNE EXCURSION**

On Thursday last week the Grade 4/5/6 students visited the Immigration Museum and went on the Golden Mile Walking Tour around Melbourne. A great day had by all learning about Melbourne and its history.